



THE JUNGLE

CORPORATE & TEAM BUILDING ACTIVITIES

Unleash Your Team's Potential With Singapore's Most Exciting Gym

www.thejungle.asia

INTRODUCTION TO THE JUNGLE

The Jungle is a dynamic fitness gym and martial arts studio in Raffles Place, Singapore. We offer group classes (Muay Thai, Mixed Martial Arts, High Intensity Interval Training, Brazilian Jiu-Jitsu, Strength & Conditioning and Boxing), personal training and corporate wellness solutions.

We are proud to offer you our corporate services (team building sessions, private classes and discounted memberships).



“A GREAT SESSION THAT IS COMPLETELY DIFFERENT FROM ANYTHING WE HAVE EVER DONE BEFORE. MY TEAM LOVED IT. I WOULD HIGHLY RECOMMEND THE JUNGLE TO ANY MANAGER LOOKING FOR A FUN, FRIENDLY AND ENGAGING TEAM BUILDING EXERCISE.”

Richard Ireland, Managing Director, Clarion Events Asia

THREE KEY EMPLOYEE BENEFITS

We are proud to offer you three exciting employee engagement activities:

1. TEAM BUILDING SESSIONS

- **FORMAT:** Fitness sessions with exercise education, team bonding and competitive challenges
- **DURATION:** 2 to 3.5 hours
- **LOCATION:** At our studio, at your offices/work-space, or outside (boot camp style)
- **DIFFICULTY FACTOR:** 2/5
- **FUN FACTOR:** 5/5



2. PRIVATE CLASSES

- **FORMAT:** Fitness classes held privately for your employees/students
- **DURATION:** 1 to 2 hours
- **LOCATION:** At our studio, at your offices/work-space, or outside (boot camp style)
- **DIFFICULTY FACTOR:** 3/5
- **FUN FACTOR:** 5/5



3. DISCOUNTED MEMBERSHIPS

- We would also like to offer you discounted membership rates and drop-in class rates for your colleagues to join us on an individual basis.

VALUED HEALTH AND WELLNESS PARTNER

We work with a range of corporate, government and school clients (small, large, MNC, public, private, non-profit), offsite at their offices and/or onsite at our studio.

Our clients value our ability to quickly and effectively energise their employees/students, providing a memorable experience, incorporating skills development and fitness development, in a friendly environment, all led by expert trainers.

So, what makes The Jungle different? Why should you select our services?

TRACK RECORD OF EXCELLENCE

We are a recognised, respected and valued member of Asia's fitness industry. Past and present clients include:

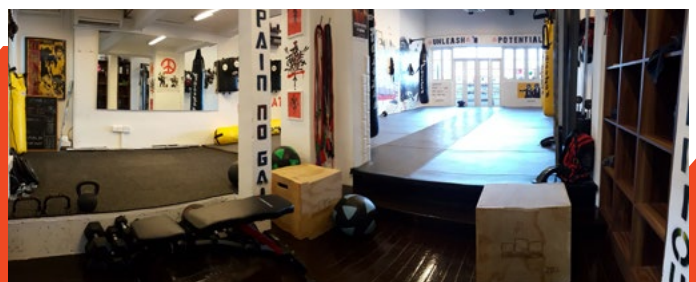
Government



Corporates



Associations & Charities



EXPERT TRAINERS AND MANAGEMENT

Our expert team ensures you benefit from exceptional exercise classes and health education in friendly, exciting, dynamic and atmospheric environments.

The Jungle was founded by Ross and Alex, two life-long fitness enthusiasts, each with a background in international business before they became full-time certified fitness professionals. They lead a team of expert fitness trainers.



ALEX LEUNG

Founder

Qualifications & Experience: Msc Finance. MBA. Certified Muay Thai Trainer. Certified ACE Personal Trainer. CPR and AED Qualified First Aider

Expert in: Mixed Martial Arts. Muay Thai. Boxing. Strength & Conditioning. Outdoor Bootcamps Fight Preparation. Personal Training and Team Building.



THE JUNGLE COACHING STAFF

WHY CHOOSE THE JUNGLE?



FEMALE ENGAGEMENT AND EMPOWERMENT

Our gym membership is 60% female. Why? Our ethos and culture is built around building a fitness community. We are not a 'fight gym' nor a 'machine gym'. We create fun, social and non-intimidating environments allowing our members/clients to train and develop in harmony.



ACCESSIBLE AND CONVENIENT LOCATION

Our location is one of the most enviable in Singapore's Central Business District. 35B Boat Quay is the top floor of a conservation shop house, river facing, with views over Boat Quay and only a one-minute walk from Exit G, Raffles Place MRT.



ALTERNATIVE LOCATION – YOUR WORKSPACE

Is it difficult to bring your team/class out of your office? Do you like to them to be engaged in their own work space? We are also available to come to your offices or work space and conduct corporate wellness activities there. The choice is yours.



AFFORDABLE, BESPOKE PACKAGES AND PRICES

All our corporate wellness packages are bespoke because not one client is the same. To create your own tailor-made package please contact us today to explore how we can engage you and your team in the most beneficial and cost-effective way.



NEXT STEPS – WORKING TOGETHER

Please share this message internally with those responsible for health, wellness, human resources, employee/student engagement and employee benefits – we believe they will be interested in learning more. We would welcome the opportunity of visiting your offices to discuss further.

CHECK US OUT ON SOCIAL MEDIA

Our social media sites perfectly illustrate our gym, team, activities and of course atmosphere. We are proud of our 5* star reviews across Facebook and Google. You can view online using:



thejungle.asia



The Jungle MMA & Fitness

THANK YOU FOR YOUR TIME

If you have any questions, please contact us directly. We look forward to speaking with you and exploring further how to work with you to better engage and energise all those around you.

Alex Leung

Co-Founder

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**EAT
SLEEP
TRAIN
REPEAT**



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